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Honey Nut Cheerios™ Gluten Free Cereal Single Serve Bowlpak 1 oz

A sweetened twist on the classic cereal, Honey Nut Cheerios™ is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in a ready-to-eat bowl for convenient, portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

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Product Information

PRODUCT CODE:	11918000
UPC:	016000119185
GTIN:	10016000119182
UNIT SIZE:	1 OZ
CASE COUNT:	96
ATTRIBUTES:	Gluten-Free
	Zero Trans Fat
	Whole Grain
	1 oz. Eq. Grain
	Kosher
	No Artificial Flavors
	No Colors from Artificial Sources
	No High Fructose Corn Syrup
	No Gelatin
	Smart Snacks Compliant

Specifications

NET WEIGHT:	N/A
VOLUME:	1.779 CF
HEIGHT:	14.12 IN
LENGTH:	16.75 IN
WIDTH:	13 IN
CASE SIZE:	1.779 CF

Nutrition Facts			
Serving Size↔	1 Bowl (28g)		100g
	As Packaged		As Packaged
Calories		110	389
		% DV	% DV
Total Fat	1.5g	2%	6g
Saturated Fat	0g	0%	0g
Trans Fat	0g		0g
Cholesterol	0mg	0%	0mg
Sodium	160mg	7%	556mg
Total Carbohydrate	23g	8%	81g
Dietary Fiber	2g	7%	8g
Soluble Fiber	<1g		<3g
Total Sugars	9g		33g
Incl. Added Sugars	9g	18%	33g
Protein	2g		8g
Vitamin D		6%	6mcg
Calcium		6%	361mg
Iron		15%	10mg
Potassium		2%	389mg
Vitamin A		6%	833IU
Vitamin C		6%	25mg
Thiamin		15%	1mg
Riboflavin		6%	0mg
Niacin		6%	4mg
Vitamin B6		15%	1mg
Folate		15%	222mcg
Folic Acid	35mcg		125mcg
Vitamin B12		15%	1mcg

Phosphorus	8%	306mg
Magnesium	8%	97mg
Zinc	15%	6mg

- * Percent Daily Value (DV) are based on a 2,000 calorie diet
- * Not a significant nutrient source
- * Nutritional information is subject to change. See product label to verify ingredients and allergens.
- * Do not eat raw dough or batter.



Ingredients	+
Preparation Instructions	+
Features & Details	+
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