



Frosted Corn Flakes™ Cereal Single Serve Bowlpak 1 oz

UPC: 016000117686	Information Accurate as of: November 20, 2020
DESCRIPTION Sweetened flakes of whole grain corn cereal in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.	
Case GTIN: 10016000117683	
Unit Weight: 1 OZ	Units per case: 96

Nutrition Facts 1 Bowl (28g) Serving Size Calories per serving	110	Amount/serving	% Daily Value**	Amount/serving	% Daily Value**	**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. *Not a significant nutrient source
		Total Fat 0g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Vitamin D 0% • Calcium 6% Potassium 0% • Riboflavin 6% Vitamin B6 10% • Folate 10% Zinc 10%	Total Carbohydrate 24g Dietary Fiber 1g Total Sugars 7g Includes 7g Added Sugars Protein 1g Iron 30% Niacin 6% (30mcg Folic Acid) 10%			

Nutrition Facts Calories Approx Per 100g	393	Amount/100g	% Daily Value**	Amount/100g	% Daily Value**	**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. *Not a significant nutrient source
		Total Fat 2g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Calcium • Iron Riboflavin • Niacin Folate • (107mcg Folic Acid)	Sodium 594mg Total Carbohydrate 85g Dietary Fiber 4g Total Sugars 25g Includes 25g Added Sugars Protein 5g			

INGREDIENTS & ALLERGENS: Whole Grain Corn, Corn Meal, Sugar, Salt, Barley Malt Syrup, Brown Sugar Syrup, Corn Syrup, Baking Soda, Natural Flavor. Vitamin E(mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), A B Vitamin (folic acid). **MAY CONTAIN WHEAT INGREDIENTS.**

KOSHER APPROVAL: OU

Nutritional information is subject to change. See product label to verify ingredients and allergens. Do not eat raw dough or batter. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change. Search results are based on the system information available. Nutritional information is subject to change. See product label on package to verify ingredients and allergens.



Smart Snacks Product Calculator Results

Brand:
Frosted Corn Flakes

Product Name: **Frosted Corn
Flakes Bowlpak**

Serving Size:
28.00 g

First Ingredient: **Whole
Grain Corn**

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 28.00 g ⓘ

Servings Per Container

Amount Per Serving

Calories 110

Calories from Fat 4.5

Total Fat (g) 0.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 170

Carbohydrates

Sugars (g) 8

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Revised Exhibit A
weights per oz equivalent)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Frosted Corn Flakes @ Bowlpak Code No.: 16000-11768

Manufacturer: General Mills, Inc. Serving Size 1.0 OZ (28g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes No How many grams:
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Table with 4 columns: Description of Product per Food Buying Guide, Portion Size of Product as Purchased (A), Weight of one ounce equivalent as listed in SP 30-2012 (B), and Creditable Amount (A ÷ B). Row 1: Ready to Eat Cereal, 28g, 28g, 28g ÷ 28g = 1.0. Row 2: Total Creditable Amount, 1.00.

1Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.00 OZ (28g)

Total contribution of product (per portion) 1.00 oz equivalent

I certify that the above information is true and correct and that a 28g/1.00 ounce portion of this product (ready for serving) provides 1.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Handwritten signature of Wendy Ramaker

Wendy Ramaker
Labeling and Regulatory Compliance Specialist, K12 Education
January 02, 2020