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Apple Cinnamon Cheerios™ Gluten Free Cereal Single Serve Bowlpak 1 oz

Sweetened whole grain oat, gluten-free cereal with apple cinnamon taste in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

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Product Information

PRODUCT CODE:	31879000
UPC:	016000318793
GTIN:	10016000318790
UNIT SIZE:	1 OZ
CASE COUNT:	96
ATTRIBUTES:	Gluten-Free Whole Grain 1 oz. Eq. Grain No Artificial Flavors No Colors from Artificial Sources

Specifications

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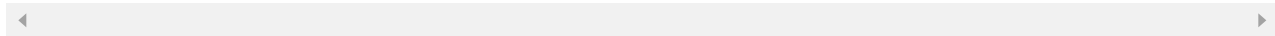
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HEIGHT:	14.12 IN
LENGTH:	16.75 IN
WIDTH:	13 IN
CASE SIZE:	1.779 CF

Nutrition Facts			
Serving Size↔	1 Bowl (28g)		100g
	As Packaged		As Packaged
Calories		110	405
		% DV	% DV
Total Fat	1.5g	2%	7g
Saturated Fat	0g	0%	0g
Trans Fat	0g		0g
Cholesterol	0mg	0%	0mg
Sodium	110mg	5%	405mg
Total Carbohydrate	23g	8%	81g
Dietary Fiber	2g	7%	8g
Soluble Fiber	<1g		
Total Sugars	9g		32g
Incl. Added Sugars	9g	18%	32g
Protein	2g		8g
Vitamin D		6%	5mcg
Calcium		6%	351mg
Iron		15%	10mg
Potassium		0%	243mg
Vitamin A		6%	811IU
Vitamin C		6%	24mg
Thiamin		15%	1mg
Riboflavin		6%	0mg
Niacin		6%	4mg
Vitamin B6		15%	1mg
Folate		15%	216mcg
Folic Acid	35mcg		122mcg
Vitamin B12		15%	1mcg
Phosphorus		6%	297mg

- * Percent Daily Value (DV) are based on a 2,000 calorie diet
- * Not a significant nutrient source
- * Nutritional information is subject to change. See product label to verify ingredients and allergens.
- * Do not eat raw dough or batter.



Ingredients	+
Preparation Instructions	+
Features & Details	+
Resources & Rebates 2	+

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General Mills Cereal Family Variety Pack Single Serve Cup 1.8 oz

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