



Cheez-It® Crackers made with 9g Whole Grain 0.75 oz./175 ct. Cheez-It® Crackers



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Product Last Saved Date:17 September 2015

Nutrition Facts			
Serving Size: 21 GRM			
Number of Servings per		175	
Amount Per Serving			
Calories: 100		Calories from Fat: 30	
% Daily Value*			
Total Fat	3.5 g	5%	
Saturated Fat	1 g	5%	
Trans Fat	0 g		
Cholesterol	5 mg	1%	
Sodium	150 mg	6%	
Total Carbohydrate	14 g	5%	
Dietary Fiber	1 g	5%	
Sugars	0 g		
Protein	2 g		
Vitamin A	Per Srv 10%	Vitamin C	Per Srv 0%
Calcium	10%	Iron	4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat	9	Carbohydrate	4
		Protei	4

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
2410079263	204440	00024100792634	175 X .75 ONZ	0.75 oz./175 ct.

Brand	Brand Owner	GPC Description
Sunshine	Kellogg Company US	Biscuits/Cookies (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.246 LBR	8.203 LBR	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.875 INH	13.25 INH	9.5 INH	1.448 FTQ	7x5	240 None	35 FAH / 85 FAH

Ingredients :

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), WHITE CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SOYBEAN OIL WITH TBHQ FOR FRESHNESS, CONTAINS TWO PERCENT OR LESS OF SALT, CALCIUM CARBONATE, PAPRIKA, YEAST, PAPRIKA OLEORESIN FOR COLOR, TURMERIC EXTRACT FOR COLOR, ANNATTO EXTRACT FOR COLOR, BHT FOR FRESHNESS, VITAMIN A PALMITATE, SOY LECITHIN.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - C	Peanuts - NI
Soy - C	Wheat - C	TreeNuts - NI
Fish - NI	Crustacean - NI	

Handling Suggestions :

Dry.

Benefits :

The item is a good fit for: Recreation, Primary/Secondary Schools, For Breakfast, For Snack, Great on-the-go convenience.

Serving Suggestions :

Ready to Eat

Prep & Cooking Suggestions :

Ready-to-eat.

More Information :