

Kellogg's® Pop-Tarts® Made With Whole Grain Frosted Strawberry

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Product Type

Grab 'N Go Pop-Tarts

Allergen Information

CONTAINS WHEAT AND SOY INGREDIENTS.

Product Category

Grab 'n Go Snacks

Dietary Exchange Per Serving

5 Carbohydrates, 1 Fat

UPC Code

3800055133

Kosher Status

5 Carbohydrates, 1 Fat

Servings/Case

72 ct

Bread/Grain Equivalents

2.25

Format

Single Serve

Shelf Life

365 days (12 months)

Net Weight

18.12

Country of Origin

Distributed in USA

Sizes

3.52 oz

Kellogg's® Pop-Tarts®

Whole Grain Frosted Strawberry

| Nutrition Facts | |
|---|---------------------------|
| Serving Size | 1 Package (100g) |
| Amount Per Serving | |
| Calories 360 | Calories from Fat 40 |
| % Daily Value* | |
| Total Fat 4.5g | 7% |
| Saturated Fat 2g | 10% |
| Trans Fat 0g | |
| Polyunsaturated Fat 2g | |
| Monounsaturated Fat 1g | |
| Cholesterol 0mg | 0% |
| Sodium 360mg | 15% |
| Total Carbohydrate 75g | 25% |
| Dietary Fiber 6g | 23% |
| Sugars 30g | |
| Protein 4g | |
| Vitamin A 20% • Vitamin C 0% • Calcium 20% • Iron 20% | |
| Thiamin 20% • Riboflavin 20% • Niacin 20% • Vitamin B ₆ 20% | |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| | Calories 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Sat. Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 | |
| INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, CORN SYRUP, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B ₁ [THIAMIN MONONITRATE], VITAMIN B ₂ [RIBOFLAVIN], FOLIC ACID), DEXTROSE, SOYBEAN AND PALM OIL (WITH TBHQ FOR FRESHNESS), CRACKER MEAL, POLYDEXTROSE, GLYCERIN, FRUCTOSE, CONTAINS TWO PERCENT OR LESS OF WHEAT STARCH, CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DRIED STRAWBERRIES, DRIED PEARS, DRIED APPLES, SODIUM STEAROYL LACTYLATE, CITRIC ACID, MILLED CORN, DATEM, GELATIN, SOYBEAN OIL, MODIFIED CORN STARCH, MODIFIED WHEAT STARCH, SOY LECITHIN, CARAMEL COLOR, XANTHAN GUM, STRAWBERRY JUICE CONCENTRATE, NATURAL AND ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, RED 40, NIACINAMIDE, REDUCED IRON, COLOR ADDED, TURMERIC EXTRACT FOR COLOR, YELLOW 6, VITAMIN B ₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B ₂ (RIBOFLAVIN), VITAMIN B ₁ (THIAMIN HYDROCHLORIDE), BLUE 1. | |
| CONTAINS WHEAT AND SOY INGREDIENTS. | |

NLI#09264