



DORITOS® Reduced Fat COOL RANCH® Flavored Tortilla Chips



[Return to Brand List \(/nutritional-facts-by-product\)](#)

Product Nutrition

Nutrition Facts	
Serving Size	1 package (1 oz.)
Servings Per Container	1
Amount Per Serving	
Calories	130
Calories from Fat	45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	7%
Sugars 1g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	2%
Vitamin E	2%
Niacin	2%
Vitamin B6	6%
Phosphorus	8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients

Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Buttermilk, Salt, Corn Dextrin, Tomato Powder, Corn Starch, Whey, Corn Syrup Solids, Onion Powder, Garlic Powder, Monosodium Glutamate, Cheddar Cheese (Milk, Cheese Cultures, Salt, and Enzymes), Skim Milk, Sugar, Dextrose, Malic Acid, Sodium Acetate, Artificial Color (Including Red 40, Blue 1, and Yellow 5), Sodium Caseinate, Disodium Phosphate, Spice, Natural and Artificial Flavors, Disodium Inosinate, and Disodium Guanylate.

CONTAINS MILK INGREDIENTS.

Additional Product Credentials

Case UPC	000-28400-36096-8
Bag UPC	0-28400-05297-9
Case Pack	72/1 oz. bags
Kosher Status	No
USDA Competitive Food Compliant	Yes
Grain oz. eq.	1.5 oz. eq.
Weight of Grain	26.1g
Document Updated	October 2014

All products are accurately labeled with the most current information, however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product the most current and accurate information.

This page was last modified on Oct 12 2014.