



Ingredients: Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, and Folic Acid), Vegetable Oil (Contains One or More of the Following: Canola, Soybean, or Sunflower Oil), Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Sea Minerals (Calcium Carbonate and Magnesium Carbonate), Canola Oil, Maltodextrin, Whey Protein Concentrate, Disodium Phosphate, Monosodium Glutamate, Natural and Artificial Flavors, Lactic Acid, Citric Acid, and Artificial Color (Yellow 6, Yellow 5).

CONTAINS MILK INGREDIENTS.

Nutrition Facts

Serving Size 1 oz.

Amount Per Serving	
Calories 130	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1g	4%
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1.5g	
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 19g	6%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 6%
Vitamin E 4%	Thiamin 10%
Riboflavin 8%	Niacin 8%
Vitamin B ₆ 2%	Phosphorus 4%
Magnesium 6%	

* Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	45g	60g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

[BAKED! CHEETOS® Crunchy Cheese Flavored Snacks nutrition panel](#)