

Appleways

1 oz. Blueberry Lemon Crispy Bites

Product Description

Looking for a snack without all the unnecessary extras? Appleways Simply Wholesome Crispy Bites have a light crunch that appeals to all ages. Our Bites contain 8 grams of whole grains, natural flavors, and no preservatives, making them the healthy, delicious, affordable, any time of the day snack. These cookies have a 270-day shelf life in dry storage.

Ingredient Listing

Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, dextrose, blueberry flavored bits (sugar, vegetable oil [palm, palm kernel], enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], natural flavor, malic acid, fruit and vegetable juice for color, soy lecithin, sodium citrate), soy lecithin, natural flavor (contains milk), soluble corn fiber, applesauce (apples, ascorbic acid), salt, baking soda. **CONTAINS WHEAT, SOY and MILK**

***Appleways 1.0 oz. Blueberry Lemon Crispy Bites meet the USDA nutritional requirements to be a one (1) ounce grain equivalent by containing 8 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.**

***Certified Kosher by Orthodox Union**

***Produced in a Nut-Free Bakery**

Nutrition Facts	
Serving Size 1.0 oz (28g)	
Servings Per Container Approx. 108	
Amount Per Serving	
Calories 120	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 8g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%
Thiamin 2%	• Riboflavin 0%
Niacin 2%	• Vitamin B6 0%
Folic Acid 4%	• Vitamin B12 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



Packaging Information

Product Description	Blueberry Lemon Crispy Bites
Case Code	71500
UPC Code	675825715004
GTIN	00-675825-715004
Case Pack	108 IW Bags
Case Dimensions	19" x 15 7/8" x 7 1/4"
Ship Weight	8.0 lbs.
Case Cube	1.27
Pallet Layer	6
Full Pallets	54 cases
Pallet Weight	472 lbs.

This product has been reviewed and approved by our food scientist and product development specialist:
Justin M. Miller CEC CPC

To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.



Case Label

DARLINGTON BLUEBERRY LEMON BITES APPLEWAYS

Approx. 6.75 lbs
Product No. 71500
Net Weight 5.75 LBS. (3.1 KG.)



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Nutrition Facts

Serving Size 1.0 oz (28g)
Servings Per Container Approx. 108

Amount Per Serving

Calories 120 Calories from Fat 35

% Daily Value*

Total Fat 4g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 60mg 3%

Total Carbohydrate 21g 7%

Dietary Fiber 2g 8%

Sugars 9g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a diet of 2,000 calories per day. Your daily values may be higher or lower depending on your calorie needs.

Calories 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 50g 275g

Dietary Fiber 25g 35g

Calories per gram: Fat 9, • Carbohydrate 4, • Protein 4

APPLEWAYS BLUEBERRY LEMON BITES

Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, dextrose, blueberry flavored bits (sugar, vegetable oil [palm, palm kernel], enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], natural flavor, malic acid, fruit and vegetable juice for color, soy lecithin, sodium citrate), soy lecithin, natural flavor (contains milk), soluble corn fiber, applesauce (apples, ascorbic acid), salt, baking soda.

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