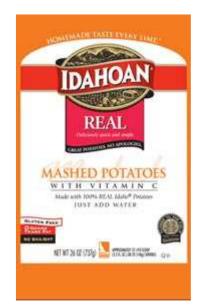
Idahoan® Products (/products/) » REAL Mashed (/products/real) » REAL Mashed Potatoes with Vitamin C

REAL Mashed Potatoes with Vitamin C



Amount Per Serving	
Calories	80
Calories from fat	10
% D	aily Value
Total Fat 1g*	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Potassium 240mg	7%
Total Carbohydrates 0mg	0%
Dietary Fiber 1g	6%
Sugars 1g	
Protein 2g	
Vitamin A	0%
Vitamin C	50%
Calcium	2%
Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Product Description

Hearty flavor. Velvety texture. Made from real 100% Idaho® potatoes. Idahoan I with Vitamin C come in a variety of flavors, right from the people that grew them foodservice pro, go right to the source. These no-mess, no-fuss solutions give y_1 profits, and satisfied customers you're looking for!

Idahoan REAL Mashed Potatoes with Vitamin C are processed from sound, well trimmed 100% Idaho® Potatoes. The product complies with the provisions of the Drug and Cosmetic Act and Amendments.

Ingredients

Idaho® potatoes, salt, partially hydrogenated oil (contains one or more of the fol cottonseed, sunflower), nonfat milk, monoglycerides, calcium stearoyl lactylate, color, natural and artificial flavor, sodium acid pyrophosphate (preserves freshness) and mix (preserves freshness), citric acid (preserves freshness) and mix (preserves freshness).

Preparation Instruction

- 1. Measure into 6" x 1/2 size steam table pan 1 gallon (3.78 L) boiling water.
- 2. Add one pouch of potatoes all at once, using spoon or wire whip to distribute all potatoes. Let stand one minute, then fluff with utensil.
- 3. Place on steam table and serve.

For a creamier mashed potato add more boiling water.

Yields

Idahoan REAL Mashed Potatoes refresh at a 2 to 1 ratio (ie; 2 parts water, 1 pai Mashed Potatoes

Servings	Boiling Water	Potatoes	Steam Table Par
4 - 2/3 cup	2 cups	1 cup	-
8 - 2/3 cup	4 cups	2 cups	-
52 - #10 Scoop	1 Gallon	1 pouch	6" Half Pan
104 - #10 Scoop	2 Gallons	2 pouches	6" Full Pan

Allergens

Milk

Soy

Certifications

Kosher Dairy

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Sizes		
Size	SKU	Available In
12/26 oz pouch	SKU# 10029700223134	