

NORTHEAST MARKETING CO.

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BROKEN MANDARINS IN LIGHT SYRUP – Ingredients & Nutrition Facts

INGREDIENTS: BROKEN SATSUMA MANDARIN ORANGE SEGMENTS, WATER, AND SUGAR.

Nutrition Facts	
Serving Size 1/3 cup (138 g)	
Serving Per Container: Approx. 22	
Amount Per Serving	
Calories 80	Calories from Fat 0
% Daily Value *	
Total Fat 0 g	
Saturated Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 15 mg	1%
Total Carbohydrate 19 g	6%
Dietary Fiber 1 g	3%
Sugars 16 g	
Protein 1 g	
Vitamin A 2%	Vitamin C 40%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	• Carbohydrate	4 • Protein 4