

Nutrition Facts

Serving size
1 container

Calories
per serving **60**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 2g	3%	Sodium 860mg	37%
Saturated Fat 0.5g	3%	Total Carbohydrate 9g	3%
Trans Fat 0g		Dietary Fiber 0g	0%
Polyunsaturated Fat 0.5g		Total Sugars 0g	
Monounsaturated Fat 1g		Includes 0g Added Sugars	0%
Cholesterol 15mg	5%	Protein 2g	
Vitamin D 0mcg	0%	Calcium 10mg	0%
Iron 0.3mg	2%	Potassium 40mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.