

# Nutrition Facts

(Ready to Eat)

400 Servings Per Container

**Serving Size** **1.0 oz**

Amount Per Serving

**Calories** **140**

% Daily Value\*

Total Fat 5 g	6%
Cholesterol 5 mg	1%
Sodium 20 mg	1%
Total Carbohydrate 21 g	8%
Sugar 18 g	
Added Sugar 17 g	34%
Protein 1 g	
Vitamin D 0 µg	0%
Potassium 0 mg	0%
Calcium 30 mg	2%
Iron 0.5 mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.