

# Nutrition Facts

(Unprepared)

3 Servings Per Container

**Serving Size** **30 g**

Amount Per Serving

**Calories** **140**

% Daily Value\*

Total Fat 6.000 g 8%

Saturated Fat 1.5 g 8.0%

Trans Fat 0.0 g

Cholesterol 0.0 mg 0%

Sodium 115 mg 5%

Total Carbohydrate 21 g 8%

Dietary Fiber 1 g 3%

Sugar 9 g

Added Sugar 9.000 g 18%

Protein 2 g

Vitamin D 0.000 µg 0%

Potassium 40.000 mg 0%

Calcium 10.000 mg 0.0%

Iron 0.800 mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.