

# Nutrition Facts (Prepared)

32 Servings Per Container

**Serving Size** **8 oz**

Amount Per Serving

**Calories** **220**

	% Daily Value*
Total Fat 11 g	14%
Saturated Fat 5 g	25%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 780 mg	34%
Total Carbohydrate 24 g	9%
Dietary Fiber 2 g	7%
Sugar 10 g	
Added Sugar 4 g	8%
Protein 7 g	
Vitamin D 0.1 µg	0%
Potassium 360 mg	8%
Calcium 110 mg	8%
Iron 0.7 mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.