Nutrition Facts (Unprepared) 20 Servings Per Container 93 g Serving Size Amount Per Serving **Calories** 174 % Daily Value* Total Fat 8 g Saturated Fat 4 g 19% Trans Fat 0 g Cholesterol 91 mg 30% Sodium 73 mg 3% Total Carbohydrate 0 g 0% Dietary Fiber 0 g 0% Sugar 0 g 0% Protein 25 g Calcium 0 mg 1% 17% Iron 0 mg Vitamin A 0 IU 0% Vitamin C 0 mg * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000

calories a day is used for general nutrition advice.