

Nutrition Facts

72 Servings Per Container

Serving Size 107g

Amount Per Serving

Calories

230

Daily Value % *

Total Fat 8g	10%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 440mg	19%
Total Carbohydrate 31g	11%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 3g Added Sugars	6%
Protein 10g	
Vitamin D 0 mcg	0%
Calcium 160 mg	10%
Iron 2 mg	10%
Potassium 150mg	4%