Nutrition Facts

(Ready to Eat)

2 Servings Per Container

Serving Size

2.0 oz (56.7 g)

Amount Per Serving

Calories

290.0

	% Daily Value*
Total Fat 16.0 g	21.0%
Saturated Fat 2.0 g	11.0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 470.0 mg	21.0%
Total Carbohydrate 32.0 g	12.0%
Dietary Fiber 2 g	8%
Sugar 3.0 g	
Added Sugar 2 g	4%
Protein 4 g	
Vitamin D 0.2 µg	2.0%
Potassium 690.0 mg	15.0%
Calcium 10.0 mg	2.0%
Iron 1.0 mg	6.0%
Vitamin A 0 µg	0%
Vitamin C 0.0 mg	20%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.