

# Nutrition Facts

About 5 servings per container  
**Serving size 6 nuggets (84g)**

Amount per serving

**Calories 160**

% Daily Value\*

**Total Fat** 7g **9%**

Saturated Fat 1g **5%**

*Trans* Fat 0g

**Cholesterol** 35mg **12%**

**Sodium** 400mg **17%**

**Total Carbohydrate** 14g **5%**

Dietary Fiber 0g **0%**

Total Sugars <1g

Includes <1g Added Sugars **2%**

**Protein** 11g

Vitamin D 0mcg 0% • Calcium 6mg 0%

Iron 0mg 0% • Potassium 197mg 4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.