

Nutrition Facts (Mix)

2.5 Servings Per Container

Serving Size **140 g**

Amount Per Serving

Calories **125**

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 10 mg	.43%
Total Carbohydrate 30 g	11%
Dietary Fiber 4 g	14%
Sugar 29 g	5.8%
Protein 2 g	4%
Vitamin D 0 µg	0%
Potassium 564 mg	12%
Calcium 117 mg	9%
Iron 1 mg	6%
Vitamin E 4 mg	27%
Manganese 0.8 mg	35%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.