Nutrition Facts (Unprepared)	
72 Servings Per Container	
Serving Size	65.5 g
Amount Per Serving	
Calories	280.0
	% Daily Value*
Total Fat 12.0 g	15.0%
Saturated Fat 4.0 g	21.0%
Trans Fat 0.0 g	
Cholesterol 10.0 mg	4.0%
Sodium 240.0 mg	10.0%
Total Carbohydrate 39.0 g	14.0%
Sugar 15.0 g	
Added Sugar 14 g	28%
Protein 5.0 g	
Vitamin D 0.0 µg	0.0%
Potassium 150.0 mg	4.0%
Calcium 30.0 mg	2.0%
Iron 1.6 mg	8.0%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.