

Nutrition Facts

1 Servings Per Container

Serving Size 1 DONUT (63 g)

Amount Per Serving

Calories 300

% Daily Value*

Total Fat 19g **25%**

Saturated Fat 9g **45%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 300mg **13%**

Total Carbohydrate 28g **10%**

Dietary Fiber 1g **3%**

Total Sugars 4g

Includes 3g Added Sugars **6%**

Protein 4g **9%**

Vitamin D 0mcg 0%

Calcium 10mg 2%

Iron 1.6mg 8%

Potassium 70mg 2%

Thiamin 20%

Riboflavin 10%

Folate 15%

* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.