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PEARL® Organic Soymilk Smart Chocolate



8-ounce single-serve size PEARL® Organic Soymilk Smart Chocolate is formulated to meet the nutritional requirements set by the USDA's guidelines for fluid milk substitutions in school nutrition programs. Made with whole organic soybeans, PEARL® Organic Soymilk is gluten-free, cholesterol-free, richer in nutrients and lower in fat than regular milk. Its smooth texture and creamy taste will satisfy even the pickiest kid.

Features

Healthful: Made with whole organic soybeans; gluten-free; vegan; cholesterol-free; lactose-free; lower in calories and fat than whole milk; an excellent source of vitamins A and D and folate; rich in soy protein.

Convenient and Shelf-Stable: Available in aseptic cartons to keep the product fresh without refrigeration.

Certifications



Soy Sauce Basics

Cooking With Soy Sauce

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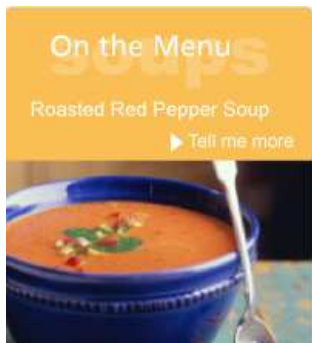
Products

Soy Sauce

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Nutrition Facts

Serving Size 1 Cup
Servings Per Container 1

Amount Per Serving	
Calories 140	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Potassium 350mg	10%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 14g	
Protein 8g	
Vitamin A 10% • Vitamin C 0%	
Calcium 30% • Iron 10%	
Vitamin D 25% • Riboflavin 30%	
Folate 15% • Vitamin B12 20%	
Phosphorus 25% • Magnesium 6%	
*Percent Daily Values are based on a 2,000 calorie diet.	

Nutritional Facts

Serving Size: 1 cup	Mandatory as a Milk Substitute		Pearl Smart Chocolate
			06185
Calories	150	max	142
Calcium (mg)	276	min	395
Protein (g)	8	min	8.4
Vitamin A (IU)	500	min	1219
Vitamin D (IU)	100	min	191
Magnesium (mg)	24	min	64
Phosphorus (mg)	222	min	301
Potassium (mg)	349	min	530
Riboflavin (mg)	0.44	min	1.04
Vitamin B12 (mcg)	1.1	min	1.46