



Nutrition Facts

Serving Size 1 cup (127g)
Servings per container about 54

	Calories from fat 40
	% Daily Values *
Calories 160	
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrates 26g	9%
Dietary Fiber g	%
Sugars 1g	0%
Protein 4g	0%
Vitamin A	%
Vitamin C	6%
Calcium	4%
Iron	6%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Cooked Brown and Red Rice, Kale, Cooked Red Quinoa, Cooked Black Barley, Garlic, Canola Oil, Contains less than 2% of Black Pepper, Sea Salt



Simplot Good Grains™ - Ancient Grains & Kale Blend 6/2.5#

Simplot Good Grains™ Premium Blends feature all-natural ancient grains with colorful vegetables in delicious combinations that appeal to consumer demands for whole grains and vegetarian selections.

Product Specifications

Sku:	10071179035046
Pack:	6/2.50 LB
Brand:	Simplot Good Grains™
Gross Weight:	17.00 LB
Net Weight:	15.00 LB
Country of Origin:	US
Kosher:	No
Vegan:	Yes
Vegetarian:	Yes
Gluten Free:	No
Allergens:	Crustacean Shellfish Free, Egg Free, Fish Free, Milk Free, Peanut Free, Sesame Free, Soy Free, Tree Nut Free, Wheat Free

Shipping Information

Length:	13.375 IN
Width:	12.000 IN
Height:	7.125 IN
Case Cube:	0.660
TixHi:	12X10
Shelf Life:	540 Days
Storage Temp From/To:	-10 FA / 10 FA

Benefits

On-trend, complex grain & vegetable blends made easy. Quick preparations with a fresh, back of house look.

Serving Suggestions

Scratch quality made simple. Simplot Good Grains™ Premium Blends are effortless and versatile. Made with ancient grains, these complex blends can elevate the color, flavor and texture in salads, entrees, soups and sides.

Prep Instructions

MICROWAVE: Place 1/2 bag on high for 6 minutes, stir halfway through cook time, let stand for 1 minute.