

PRINT  CLOSE **SKU:**

10071179602026

Packaging: 8/3lb.**Net Weight:** 24.00**Gross Weight:** 25.50**Case Cube:** 1.24**Tie/High:** 8x5**Nutrition Facts**

Serving Size 3 oz (85g) frzn

Amount Per Serving

Calories 30 Calories from fat 0

% Daily Value *

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Total Carbohydrates 5g 2%

Dietary Fiber 2g 8%

Sugars 3g

Protein <1g

Vitamin A 15% • Vitamin C 10%

Calcium 2% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.

Tuscan Blend**Product Benefits**

- Hearty and eye-appealing blend of field-fresh vegetables.
- Outstanding plate coverage and higher yields.

Specifications

- 40% Whole Green Beans.
- 25% Bias Sliced Carrots.
- 15% Yellow Squash.
- 10% Zucchini.
- 10% Red Pepper Strips.

Prep Instructions

- **STOVE TOP:** Cook 3 lbs on high for 6 minutes. Stir.
- **STEAMER:** Arrange vegetables in a slotted full-size steam table pan. Cook 3 lbs for 4 minutes.
- **MICROWAVE (2200 watts):** Place 4 oz of vegetables in microwave dish with 1 tbsp water. Cover. Cook on high for 1 minute.

Menu Suggestions

- Serve as a side.
- Use in stir fries, hearty stews, and potpies.
- Toss with pasta or rice for a satisfying vegetarian entree.

Ingredients

Whole green beans, carrots, yellow squash, zucchini, red peppers.