



Simplot Simple Goodness - Blend Catalina 8/3#



Simple Goodness(TM) vegetables meet Simplot's highest standards for customer satisfaction and will deliver a lofty impression on any menu. The look of hand-picked, hand-cut vegetables provides a customer appeal. Simple Goodness(TM) recipe-ready varieties will meet the demand.

Product Last Saved Date:18 August 2018

Nutrition Facts

136 Servings per container
Serving Size 1 cup (79g)

Amount Per Serving
Calories 25

% Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 20 mg **1%**

Total Carbohydrate 5 g **2%**

Dietary Fiber 2 g **8%**

Total Sugars 2 g

Includes g Added Sugars **%**

Protein 1 g

Vitamin D mg **%**

Calcium mg **2%**

Iron mg **2%**

Potassium mg **%**

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
10071179662662	659010	10071179662662	8 X 3 LBR	

Brand	Brand Owner	GPC Description
Simplot Simple Goodness	J. R. Simplot Company	Vegetables - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.500 LBR	24.000 LBR	MEX, USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.625 INH	11.750 INH	10.125 INH	1.2823 FTQ	8x5	720 None	-10 FAH / 10 FAH

Ingredients :

Broccoli, Green Beans, Yellow Carrots, Red Bell Pepper

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - N	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

8/3lb.

Benefits :

Brilliant color and larger pieces for fresh, hand-cut appearance. Outstanding plate coverage and higher yields.

Serving Suggestions :

Serve as a side. Use in stir fries, hearty stews, and potpies. Toss with pasta or rice for a satisfying vegetarian entree.

Prep & Cooking Suggestions :

Keep frozen until ready to use. For food safety and quality, cook to a temperature of 165°F. **STOVE TOP:** Bring 5 quarts of water to a boil in a large saucepan. Add one bag of frozen vegetables to boiling water. Cook for 12 minutes on HIGH heat, stirring frequently. Drain and serve. **STEAMER:** Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 7 minutes. **MICROWAVE:** (1100 watts) Place one bag of frozen vegetables in a microwave safe dish. Add 1/4 cup of water and cover. Microwave on HIGH for 22 minutes, stirring halfway through cook time.

More Information :